

SDQII[®]

Self Description Questionnaire II

All information supplied will be kept strictly confidential							
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NAME:	AGE:	(years)	(mths)	DATE:	/	/
MALE / FEMALE (circle one) PROGRAM:				GROUP:		

PLEASE READ THESE INSTRUCTIONS FIRST
This is not a test - there are no right or wrong answers.

This is a chance for you to look at how you think and feel about yourself. It is important that you:

- are honest
- give your own views about yourself, without talking to others
- report how you feel NOW (not how you felt at another time in your life, or how you might feel tomorrow)

Your answers are confidential and will only be used for research or program development. Your answers will not be used in any way to refer to you as an individual.

Use the six-point scale to indicate how true (like you) or how false (unlike you), each statement over the page is as a description of you. Please do not leave any statements blank.

1	2	3	4	5	6
False	Mostly false	More false than true	More true than false	Mostly true	True
Not like me at all; it isn't like me at all					This statement describes me well; it is very much like me

Statement	False						True
01. MATHEMATICS is one of my best subjects	1	2	3	4	5	6	
02. Nobody thinks that I am good looking	1	2	3	4	5	6	
03. Overall, I have a lot to be proud of	1	2	3	4	5	6	
04. I sometimes take things that belong to other people	1	2	3	4	5	6	
05. I enjoy things like sports, gym, and dance	1	2	3	4	5	6	
06. I am hopeless in ENGLISH classes	1	2	3	4	5	6	
07. I am usually relaxed	1	2	3	4	5	6	
08. My parents are usually unhappy or disappointed with what I do	1	2	3	4	5	6	
09. People come to me for help in most SCHOOL SUBJECTS	1	2	3	4	5	6	
10. It is difficult to make friends with members of my own sex	1	2	3	4	5	6	
11. People of the opposite sex whom I like, don't like me	1	2	3	4	5	6	
12. I often need help in MATHEMATICS	1	2	3	4	5	6	
13. I have a nice looking face	1	2	3	4	5	6	
14. Overall, I am no good	1	2	3	4	5	6	
15. I am honest	1	2	3	4	5	6	
16. I am lazy when it comes to things like sports and hard physical exercise	1	2	3	4	5	6	
17. I look forward to ENGLISH classes	1	2	3	4	5	6	
18. I worry more than I need to	1	2	3	4	5	6	

19.	I get along well with my parents	1	2	3	4	5	6
20.	I am too stupid at school to get into a good university	1	2	3	4	5	6
21.	I make friends easily with boys	1	2	3	4	5	6
22.	I make friends easily with girls	1	2	3	4	5	6
23.	I look forward to MATHEMATICS classes	1	2	3	4	5	6
24.	Most of my friends are better looking than I am	1	2	3	4	5	6
25.	Most things I do, I do well	1	2	3	4	5	6
26.	I sometimes tell lies to stay out of trouble	1	2	3	4	5	6
27.	I am good at things like sports, gym, and dance	1	2	3	4	5	6
28.	I do badly on tests that need a lot of READING ability	1	2	3	4	5	6
29.	I don't get upset very easily	1	2	3	4	5	6
30.	It is difficult for me to talk to my parents	1	2	3	4	5	6
31.	If I work really hard I could be one of the best students in my school year	1	2	3	4	5	6
32.	Not many people of my own sex like me	1	2	3	4	5	6
33.	I am not very popular with members of the opposite sex	1	2	3	4	5	6
34.	I have trouble understanding anything with MATHEMATICS in it	1	2	3	4	5	6
35.	I am good looking	1	2	3	4	5	6
36.	Nothing I do ever seems to turn out right	1	2	3	4	5	6
37.	I always tell the truth	1	2	3	4	5	6
38.	I am awkward at things like sports, gym, and dance	1	2	3	4	5	6
39.	Work in ENGLISH classes is easy for me	1	2	3	4	5	6
40.	I am often depressed and down in the dumps	1	2	3	4	5	6
41.	My parents treat me fairly	1	2	3	4	5	6
42.	I get bad marks in most SCHOOL SUBJECTS	1	2	3	4	5	6
43.	I am popular with boys	1	2	3	4	5	6
44.	I am popular with girls	1	2	3	4	5	6
45.	I enjoy studying for MATHEMATICS	1	2	3	4	5	6
46.	I hate the way I look	1	2	3	4	5	6
47.	Overall, most things I do turn out well	1	2	3	4	5	6
48.	Cheating on a test is OK if I do not get caught	1	2	3	4	5	6
49.	I am better than most of my friends at things like sports, gym, and dance	1	2	3	4	5	6
50.	I am not very good at READING	1	2	3	4	5	6
51.	Other people get more upset about things than I do	1	2	3	4	5	6
52.	I have lots of arguments with my parents	1	2	3	4	5	6
53.	I learn things quickly in most SCHOOL SUBJECTS	1	2	3	4	5	6
54.	I do not get along very well with boys	1	2	3	4	5	6
55.	I do not get along very well with girls	1	2	3	4	5	6
56.	I do badly in tests of MATHEMATICS	1	2	3	4	5	6
57.	Other people think I am good looking	1	2	3	4	5	6
58.	I don't have much to be proud of	1	2	3	4	5	6
59.	Honesty is very important to me	1	2	3	4	5	6
60.	I try to get out of sports and physical education classes whenever I can	1	2	3	4	5	6
61.	ENGLISH is one of my best subjects	1	2	3	4	5	6
62.	I am a nervous person	1	2	3	4	5	6
63.	My parents understand me	1	2	3	4	5	6
64.	I am stupid at most SCHOOL SUBJECTS	1	2	3	4	5	6
65.	I have good friends who are members of my own sex	1	2	3	4	5	6
66.	I have lots of friends of the opposite sex	1	2	3	4	5	6
67.	I get good marks in MATHEMATICS	1	2	3	4	5	6
68.	I am ugly	1	2	3	4	5	6
69.	I can do things as well as most people	1	2	3	4	5	6
70.	I sometimes cheat	1	2	3	4	5	6
71.	I can run a long way without stopping	1	2	3	4	5	6
72.	I hate READING	1	2	3	4	5	6
73.	I often feel confused and mixed up	1	2	3	4	5	6
74.	I do not like my parents very much	1	2	3	4	5	6

75.	I do well in tests in most SCHOOL SUBJECTS	1	2	3	4	5	6
76.	Most boys try to avoid me	1	2	3	4	5	6
77.	Most girls try to avoid me	1	2	3	4	5	6
78.	I never want to take another MATHEMATICS course	1	2	3	4	5	6
79.	I have a good looking body	1	2	3	4	5	6
80.	I feel that my life is not very useful	1	2	3	4	5	6
81.	When I make a promise I keep it	1	2	3	4	5	6
82.	I hate things like sports, gym, and dance	1	2	3	4	5	6
83.	I get good marks in ENGLISH	1	2	3	4	5	6
84.	I get upset easily	1	2	3	4	5	6
85.	My parents really love me a lot	1	2	3	4	5	6
86.	I have trouble with most SCHOOL SUBJECTS	1	2	3	4	5	6
87.	I make friends easily with members of my own sex	1	2	3	4	5	6
88.	I get a lot of attention from members of the opposite sex	1	2	3	4	5	6
89.	I have always done well in MATHEMATICS	1	2	3	4	5	6
90.	If I really try I can do all most anything I want to do	1	2	3	4	5	6
91.	I often tell lies	1	2	3	4	5	6
92.	I have trouble expressing myself when I try to write something	1	2	3	4	5	6
93.	I am a calm person	1	2	3	4	5	6
94.	I am good at most SCHOOL SUBJECTS	1	2	3	4	5	6
95.	I have few friends of the same sex as myself	1	2	3	4	5	6
96.	I hate MATHEMATICS	1	2	3	4	5	6
97.	Overall, I am a failure	1	2	3	4	5	6
98.	People can really count on me to do the right thing	1	2	3	4	5	6
99.	I learn things quickly in ENGLISH classes	1	2	3	4	5	6
100.	I worry about a lot of things	1	2	3	4	5	6
101.	Most SCHOOL SUBJECTS are just too hard for me	1	2	3	4	5	6
102.	I enjoy spending time with my friends of the same sex	1	2	3	4	5	6